



## Graduation Transitions Student Checklist 2017-2018

The completion of the criteria listed below is a graduation requirement. Please pay attention to the due dates and be sure to submit your completed forms to the **Student Drop-off Box** located inside the Career Centre. You may access all the required information and forms under “Graduation Transitions” under the “Students” heading on the Cariboo Hill website. Printed copies are also available for pick up in the Career Centre.

Graduation Transition Requirement	Due Dates	Completed
<p><b>Personal Health DPA:</b> participation in a minimum of 150 minutes of physical activity per week during the school year</p> <p><b>Evidence:</b> enrolment in and <b>passing</b> of a PE, Dance, or Weight Training course <b>OR</b> completed DPA logs.</p>	Sept-Oct: <b>Nov. 6<sup>th</sup>, 2017</b> Nov-Dec: <b>Jan. 12<sup>th</sup>, 2018</b> Jan-Feb: <b>March 5<sup>th</sup>, 2018</b> Mar-May: <b>June 6<sup>th</sup>, 2018</b>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<p><b>Healthy Living Plan:</b> an updated Healthy Living Plan – either Plan A <b>or</b> Plan B</p> <p><b>Evidence:</b> Plan A – complete with PE 10 project – <b>OR</b> completed Plan B. *Both plans require the cover sheet.</p>	Hand in to the Career Centre by <b>September 18<sup>th</sup>, 2017</b>	<input type="checkbox"/>
<p><b>Career and Life:</b> a current, updated Career and Life Plan – either Plan A <b>or</b> Plan B</p> <p><b>Evidence:</b> completed Plan A – complete with Planning 10 project, Financial Planning Form and updated resume <b>OR</b> Plan B – completed Graduation Transitions Plan booklet and updated resume. *Both plans require the cover sheet.</p>	Hand in to the Career Centre by <b>October 24<sup>th</sup>, 2017</b>	<input type="checkbox"/>
<p><b>30 Hours Work Experience / Volunteer Work:</b> completion of <b>30 hours</b> work or volunteer experience</p> <p><b>Evidence:</b> enrolment in 90 Hours Career Programs / ACE-IT <b>OR</b> completed 30 Hours Work Experience / Community Service booklet.</p>	Hand in to the Career Centre by <b>April 6<sup>th</sup>, 2018</b>	<input type="checkbox"/>
<p><b>Exit interview:</b> 15 minute interview (led by the student)</p> <p><b>Evidence:</b> successful completion of the interview. See “Exit Interview Student Guide” on the Cariboo website.</p>	Interviews will take place on <b>April 19<sup>th</sup>, 2018</b> . Appointment times will be given to you one week in advance.	<input type="checkbox"/>

**Questions? Contact Ms. Larisch at [doreen.larisch@sd41.bc.ca](mailto:doreen.larisch@sd41.bc.ca)**