



## Graduation Transitions Plan Booklet 2016 - 2017

### Your Personality Profile

---



In this section, you are asked to reflect upon your interests, skills and personality to develop your Graduation Transition Plan. It is important for you to be aware of your skills so that you can make informed decisions about your future.

**A helpful resource:**

[www.careercruising.com](http://www.careercruising.com) (Use Cariboo Hill's username (**chss**) and password (**careers**) to sign in, then click on "Assessments" then "Matchmaker" and start a new session)

### Interests

List what you like doing in your **spare time** and explain how your interests relate to your goals. For example, you might be interested in working with plants, drawing, creating things out of your own ideas, etc. These interests indicate that a landscaping-related career would be a good fit for you.

---

---

---

---

---

---

---

---

---

---

### Personality

Describe your personality (outgoing, shy, confident, reserved, etc.). You may start by saying something like this: I am outgoing because I find it easy to meet new people and I can strike up a conversation with anybody.

---

---

---

---

---

---

---

---

---

---

# Transferable Skills



List the **things** you are good at that will help you achieve your goals.

## SKILLS that I have acquired so far:

SKILLS that I have acquired so far:	
<b>School Subjects:</b>	
<b>Other School Activities (extracurricular):</b>	
<b>Work done at Home (chores or responsibilities):</b>	
<b>Leisure time activities outside of school:</b>	

## Employability Skills

These skills are necessary for you to enter the world of work and can be used beyond the work place in a range of daily activities.



Read the **Employability Skills 2000+** chart:

<http://www.conferenceboard.ca/topics/education/learning-tools/employability-skills.aspx>

Identify the skills that you possess under each one of the **3 types of employability skills** and include the specific example (i.e. situation, story, assignment or project, etc) that prompted you to determine that you do have that skill.

**Fundamental Skills:** \_\_\_\_\_

**Example:** \_\_\_\_\_

\_\_\_\_\_

**Personal Management Skills:** \_\_\_\_\_

**Example:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Teamwork Skills:** \_\_\_\_\_

**Example:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Goal Setting

### Developing a Vision



In order to set learning, career and life goals, it is important for you to develop a well-rounded image of yourself in the future.

To develop this image of yourself, **visualize yourself 5 years from now** and describe a typical day in your life. Your description should include:

a) the **type of job, working hours** and the **type of employer** you would work for

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

b) your possessions (car, house, etc)

---

---

---

---

c) spare time activities including community involvement and leisure activities.

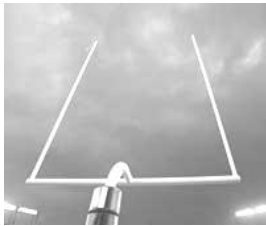
---

---

---

---

### Writing your Goals



Now that you have described your desired lifestyle, you should be able to establish your **Learning**, **Career**, and **Life** goals. In the following table, write your short and long term goals. Start with a verb and remember to be specific.

After Graduation	Learning	Career	Life
1 years			
2 years			
5 years			
10 years			

## **Career Planning**

---

To decide on a career that might interest you in the future, visit [www.careercruising.com](http://www.careercruising.com). Use Cariboo Hill's username (**chss**) and password (**careers**) to sign in, then click on *Career Matchmaker* and start a new session. Fill out the following information to discover careers appropriate for you. Use the table of contents on the left-hand side to navigate through the different parts of each career. Choose 2 careers to give yourself a number of options for your future. **Print and attach your career matchmaker results.**

	<b>Career #1</b>	<b>Career #2</b>
<b>Job Description</b>		
<b>Earnings</b>		
<b>Education/ Training</b>		
<b>Career Path</b>		

## **Education and Training**

---

Using the careers you chose in the previous section, complete the following section on your educational goals. Continue using the Career Cruising website (Education tab) or <http://www.educationplanner.bc.ca> to research the following information.

	<b>Career #1:</b> _____	<b>Career #2:</b> _____
<b>Institution</b> (University/ College/ Institute)		
<b>Type of Program</b> (Name of degree/diploma/ Certificate)		
<b>Admission Requirements</b>		
<b>Program Duration</b>		
<b>Application Deadline</b>		
<b>Tuition/Fees/ Books</b>		

Student Name: \_\_\_\_\_ Number: \_\_\_\_\_

## ***Financial Planning***

---

Complete the following financial plan for the **first year after graduation**. There is a Budget Estimator available at the CanLearn website: [www.canlearn.ca](http://www.canlearn.ca), under "Online Tools." For student loan information, visit [www.aved.gov.bc.ca/studentaidbc/](http://www.aved.gov.bc.ca/studentaidbc/). Please **print and attach** the completed budget from the website if you choose this option.

### **Projected Yearly Income for 2017 - 2018**

Cash/Savings           \$ \_\_\_\_\_  
Employment Income   \$ \_\_\_\_\_  
Student Loan           \$ \_\_\_\_\_  
Awards/Scholarships \$ \_\_\_\_\_  
Funding from Family \$ \_\_\_\_\_  
Other Income           \$ \_\_\_\_\_

### **Expected Yearly Expenses for 2017 – 2018**

Tuition                   \$ \_\_\_\_\_  
Books & Supplies       \$ \_\_\_\_\_  
Rent/Residence         \$ \_\_\_\_\_  
Utilities                 \$ \_\_\_\_\_  
Food                      \$ \_\_\_\_\_  
Transportation         \$ \_\_\_\_\_  
Clothing                 \$ \_\_\_\_\_  
Personal Hygiene       \$ \_\_\_\_\_  
Medical/Dental         \$ \_\_\_\_\_  
Entertainment         \$ \_\_\_\_\_  
Internet                 \$ \_\_\_\_\_  
Telephone               \$ \_\_\_\_\_  
Other Expenses         \$ \_\_\_\_\_

**Total Income**           \$ \_\_\_\_\_      **Total Expenses**       \$ \_\_\_\_\_

**Compare your income to your expenses and check off the one that applies to you:**

- I have enough income to pay for my expenses.
- I do not have enough income to pay for my expenses. What will you do to make up for it? (i.e. get a student loan?) \_\_\_\_\_

<b>INSTRUCTIONS FOR LOCATING THE CANLEARN CALCULATORS:</b>
--

- |  |
|--|
| <ol style="list-style-type: none"><li>1. Go to <a href="http://www.Canlearn.ca">www.Canlearn.ca</a></li><li>2. Click on "On-line Tools", then "Planners and Calculators"</li><li>3. If you are planning on going to Post-Secondary school, choose "Financial Planner", and begin with the "Education Cost Calculator"</li><li>4. If you are NOT going straight into Post-Secondary, begin with the "Budget Estimator."</li></ol> |
|--|